



# GOAL SETTING TOOL

Setting goals is the first step to turning the invisible into the visible.

-Tony Robbins

## Cafeteria



### SAMPLE GOALS

### YOUR GOALS

Monthly F2S item featured on school lunch menu.	
X number of F2S items featured throughout the year.	
X number of F2S items featured on the salad bar.	
Feature local food items on the a la carte line or as part of the snack program.	

## Education



### SAMPLE GOALS

### YOUR GOALS

Taste testing of seasonal foods in the cafeteria and/or classroom.	
X number of classrooms integrate curriculum that supports F2S	
Students connect with F2S partners outside school via field trips or visits.	
School garden supplies product for the cafeteria.	

## Promotions



### SAMPLE GOALS

### YOUR GOALS

School menu highlights F2S items.	
Plan a farm to school week.	
Morning announcements feature F2S items and nutritional messages.	
Put F2S articles in existing communication materials to parents.	

## Policy



### SAMPLE GOALS

### YOUR GOALS

Incorporate F2S into wellness policies.	
Have groups and club organizations become involved with F2S (PTSA, Student Council, sponsors, etc.)	
Integrate food safety training related to F2S products.	

## Above & Beyond



### MORE GOALS...
